

# TILT INFLUENCE WORKSHOP

## EVALUATE YOUR INFLUENCE

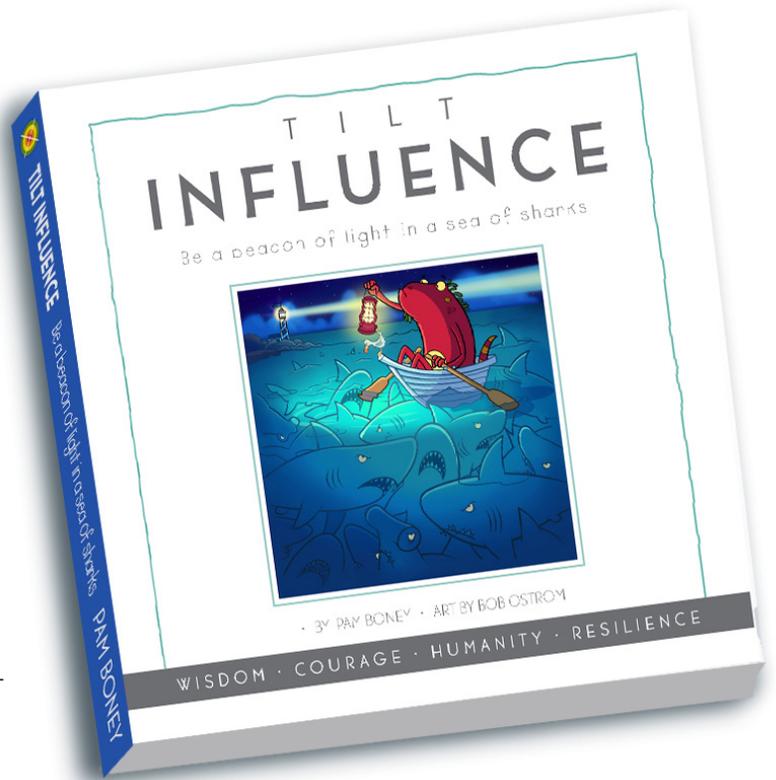
We influence people around us constantly, whether we realize it or not. The Tilt 365 Positive Influence Predictor provides feedback on how you influence members of your team and others. In the workshop, we talk generically about the results, leaving it up to each individual to glean insights from his/her report. Learning can be deepened by selecting a Certified Tilt Practitioner to debrief on an individual basis.

## LEARN TO WORK MORE EFFECTIVELY WITH OTHERS

The Tilt Influence workshop builds on the results of your assessments and on the introductory workshop, Tilt Presence. The Tilt Influence workshop explains the underlying motives underneath behavior and how to shift from reacting unconsciously to choosing more balanced, productive responses, even in difficult situations. It also provides guidance on how to work more effectively in our interactions with others, starting with common patterns and moving to specific traits we can develop for greater positive influence.

## BALANCE IS KEY TO POSITIVE INFLUENCE

Character strengths are crucial for positive influence, but overusing or underusing any trait with excessive frequency can shrink your influence. In this workshop, you will learn a practical approach to recognizing habitual behaviors that you didn't even realize were negatively impacting your interactions with others. More importantly, you will learn a process for changing those habits one at a time - balancing yourself holistically so that your positive influence will grow and expand over time.



## WHO SHOULD ATTEND THIS WORKSHOP

While the Tilt Influence workshop is optimized for intact teams, anyone who has attended our Tilt Presence workshop and is ready to deepen their learning may attend.

## BENEFITS OF THIS WORKSHOP

- Increased self-awareness, productivity, creativity, and innovation
- A framework and common language for real talk and courageous action at work and elsewhere
- Improved climate and interactions among team members who continuously work their development plans

## WHAT TO EXPECT

- An engaging learning experience that playfully explains the motivations behind interpersonal interactions
- A framework for habit change that works for a lifetime
- A personalized action plan to achieve your developmental goals



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